



## For Immediate Release

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### **MY SISTERS' PLACE RECEIVES SYMETRA EMPOWERS COMMUNITIES PROGRAM GRANT**

Hartford, CT – My Sisters' Place announced that it is the recipient of a Symetra Empowers Communities program grant. The \$90,000 multi-year grant was awarded by Symetra, a national provider of life insurance, annuities and employee benefits, with offices in Enfield and Farmington. Grounded in the company's diversity, equity and inclusion values, the Symetra Empowers Communities program combines corporate giving, advocacy and engagement to address homelessness and the housing affordability crisis. My Sisters' Place is one of 10 recipient organizations selected for our work to address root causes and systemic challenges to drive long-term change and improve outcomes for underserved women and youth who identify as Black, Indigenous, and people of color (BIPOC).

With our primary service sites located in the North End of Hartford, My Sisters' Place is dedicated to making a difference in the lives of homeless in Greater Hartford. Since 1982, My Sisters' Place has provided services to those who are suddenly forced into the streets due to domestic violence, eviction, unemployment or mental illness. Through our current permanent supportive housing, housing coordination, security deposit/rental assistance and housing mobility counseling programs, My Sisters' Place helps those who slip into homelessness transition to a future of self-reliance and permanent, safe housing.

Symetra's grant will support My Sisters' Place's Employment and Lifeskills program that provides training, case management, financial literacy training, access to community resources like higher education, healthcare, and employment services. The funding also will support formerly homeless children in the For the Love of Children Initiative (FLOCI) with recreational opportunities, social and emotional development supports, and math, reading, and computer skills.

"My Sisters' Place is fortunate to partner with Symetra through the Empowers Communities Program grant to create long-term positive change in our communities with a focus on diversity, equity and inclusion." shared Kara A. Capone, Chief Executive Officer. "Although homelessness has devastating impacts on children, the research has shown supportive housing programs, such as those offered by My Sisters' Place, and our Employment and Lifeskills and For the Love of Children Initiative (FLOCI) help children, youth and families rebuild their support systems and support parents in their critical role in their children's lives. Symetra's commitment to addressing root causes and systemic challenges allows My Sisters' Place to provide the evidence-based interventions that allow the vulnerable households we serve to break the generational cycle of homelessness."

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***Established in 1982, My Sisters' Place is committed to ending homelessness and empowering women, families & others in Greater Hartford to achieve independence and stability in their communities by providing housing and supportive services.***